

## **Non-Smoking Policy**

### **1 Introduction**

- 1.1 At St Anne's we believe that smoking is harmful to health, so we strongly discourage our children from smoking. Consequently, the school is a non-smoking establishment.

### **2 Rationale**

- 2.1 Research shows that almost a quarter of all young people are regular smokers by the age of 15. Almost all adult smokers took up the habit when they were children. About 450 children a day take up the habit, and they can become addicted within days, from just one or two cigarettes. Smoking is regarded by the medical profession as the major cause of many illnesses. It is estimated that approximately 120,000 smokers a year die in the UK because of their smoking habit. Children can be harmed by passive smoking, i.e. by inhaling smoke from other people's cigarettes. Seventy per cent of children are exposed to other people's smoke when they go out, and thirty-four per cent are exposed to smoke in their own homes. It is known that smoking is harmful to the unborn babies of mothers who smoke. For all these reasons, our school does all it can to discourage children from smoking, and to educate them in such a way that they adopt a healthy lifestyle.

### **3 Objectives**

- 3.1 We aim to:

- help children know and understand the dangers of smoking, and the harmful effects that smoking can have on their bodies;
- provide children with the knowledge and information necessary for them to make responsible choices in relation to smoking;
- equip children with the social skills that enable them to resist the pressure to smoke, either from their peer group, or from society in general.
- Operate a smoke-free environment for everyone

### **4 Organisation**

- 4.1 The dangers of smoking are addressed in Year 6, in our programme of personal, social and health education (PSCHE), with advice and support from the Health Authority. As well as teaching the children about the effects that smoking has on the body, we engage them in discussions about the reasons why people start to smoke, and what they themselves should do if other people encourage them to try cigarettes. The children's class teacher leads all such discussions in a sensitive manner. S/he encourages the children to explore the views of other people, and to reflect on their own personal convictions with regard to smoking. We explain that it is illegal for cigarettes to be sold to people under sixteen years of age, but our aim is for children to refrain from smoking not only for that reason, but also because they believe that smoking is a wrong lifestyle choice.
- 4.2 The dangers of smoking sometimes arise as an issue in science lessons at Key Stage 2, when children learn about the way substances affect the body. When such an issue arises, class teachers deal with it in context, and answer the

children's questions to the best of their ability, taking care to explain that smoking is dangerous, and should be avoided.

- 4.3** Parents may view any of the smoking-related teaching materials that we use in our school.

## **5 Staff**

- 5.1** We do not allow smoking on the school premises, as we do not want to present smoking as acceptable. Nor do we wish to present adult smokers as role models. Because of this, we do not allow smoking in the staffroom, and if any members of staff wish to smoke, they must leave the school site. Should we find any member of staff smoking at school, it would be considered a serious breach of the terms of employment.

## **6 Monitoring and review**

- 6.1** It is the role of the Head teacher to ensure that this policy is fully implemented. Every two years, or earlier if necessary, the governors review this policy as part of their curriculum committee's monitoring of the effectiveness of the school's PSICHE programme.

**Agreed by Governors:**

**Signed:**

**Date:**

**Review date:**