



The Beatitudes

You will be happy if you share your things, or even give them away.

You will be happy if you are gentle and let others go first.

You will be happy if you cheer up those who are sad or lonely.

You will be happy if you stand up for what is right.

You will be happy if you forgive people who hurt you.

You will be happy if you are the first to say sorry after a quarrel –
even when you were right!

You will be happy if you don't try and get your own back if people
laugh or make fun of you.

You will be happy if you think about God our Father in heaven, and
talk to him often in your prayers.